

COMMONLY ASKED QUESTIONS AND ANSWERS

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1. Q. What is Dry eye?

A. Dry eye is a medical condition with health and lifestyle consequences if left untreated. There are two primary forms of Dry Eye – Evaporative (which is associated with deficiency in the oily layer of your tears) and Aqueous Deficient (which is associated with deficiency in the watery layer of tears). LipiFlow® addresses Evaporative Dry Eye, which is the most common cause of dry eye symptoms. As part of our Dry Eye Evaluation, the doctor will use several tests to assess and identify the root cause of your Dry Eye symptoms and recommend the best treatment for you.

2. Q. What are meibomian glands?

A. Meibomian glands are the oil producing glands of your eye lids. If these glands do not produce enough oil or become blocked, it may contribute to your symptoms of dry eye.

3. Q. What is LipiView®?

A. LipiView® is a new assessment technology that allows the doctor to evaluate the lipid (oil) layer on your eyes. This assessment is part of the process to identify the root cause of your Dry Eye. The doctor's recommendation for treatment will be based on a full evaluation of the cause of your Dry Eye Condition.

4. Q. What is LipiFlow®?

A. LipiFlow® is a cutting edge treatment for Evaporative Dry Eye. LipiFlow® is a thermal eyelid massage that applies consistent, comfortable heat to your eyelids. It also provides gentle, pulsating pressure to your eyelids to massage out the liquefied blockages of your meibomian glands. Your eye doctor can provide you more information if this is an appropriate treatment option for your dry eye symptoms.

5. Q. What happens during the LipiFlow® procedure?

A. The LipiFlow® Activator (disposable) is inserted under your lower and upper eye lid. It is shaped to prevent contact with the cornea, or front surface of your eye. Once in place, you simply recline in the treatment chair for the procedure.

6. Q. How long is the LipiFlow® procedure?

A. The LipiFlow® procedure lasts 12 minutes.

7. Q. Does LipiFlow® work?

A. In a clinical study, 79% of patients reported improved overall dry eye symptoms (ranging from 10% to 100% improvement) within four weeks of a single LipiFlow® treatment. Results may vary depending on factors that your doctor will discuss with you during your Dry Eye Evaluation before pursuing treatment.

Referenced Clinical Study Article: Lane SS, et al. A new system, the LipiFlow, for the treatment of meibomian gland dysfunction. *Cornea*. 2012;31 (4):396-404.

**Meredith W. Morgan University Eye Center
Dry Eye Clinic**

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- 8. Q. Is LipiFlow® FDA approved?**
A. Yes, LipiFlow® is FDA approved. Visit:
<http://www.fda.gov/MedicalDevices/ProductsandMedicalProcedures/DeviceApprovalsandClearances/510kClearances/ucm285523.htm>
- 9. Q. What are the risks of the LipiFlow® procedure?**
A. Your doctor will explain to you the risks and benefits of the LipiFlow® procedure during your Dry Eye Evaluation and before treatment.
- 10. Q. How long do the benefits of the LipiFlow® treatment last?**
A. The results of the LipiFlow® treatment vary person to person. It may take several weeks to feel the full effect of symptom relief. Your doctor will discuss with you what benefit the LipiFlow® treatment may have for your Dry Eye symptoms after a thorough Dry Eye Evaluation at the University Eye Center's Dry Eye Clinic.
- 11. Q. Is LipiFlow® the only treatment option for my Dry Eye?**
A. There are many treatment options that your doctor will discuss with you. LipiFlow® is just one of the options. After the Dry Eye Evaluation, your doctor will recommend to you the treatment options that he or she feels will best help to relieve your Dry Eye symptoms.
- 12. Q. Do I qualify for LipiFlow®?**
A. The doctor will determine if you are qualified for LipiFlow® after a thorough evaluation of your eyes at the University Eye Center's Dry Eye Clinic. The doctor will then discuss with you whether LipiFlow® would be beneficial for relieving your Dry Eye symptoms.
- 13. Q. Does the University Eye Center have LipiFlow®?**
A. Yes, the University Eye Center Dry Eye Clinic is excited to offer the LipiFlow® technology. The doctor will discuss with you all the risks and benefits of the treatment. First, he or she will conduct tests to make sure you are an appropriate candidate for LipiFlow®.
- 14. Q. How do I schedule a visit to get LipiFlow®?**
A. The doctor must do a thorough evaluation of your eyes to determine the cause of your dry eye symptoms in order to determine if you are a candidate for LipiFlow®. This Dry Eye Evaluation visit will be through the Dry Eye Clinic.
- 15. Q. Will my insurance cover LipiFlow®?**
A. At this time, the LipiFlow® procedure is not covered by most insurance plans.
- 16. Q. Will my insurance cover the Dry Eye Evaluation?**
A. We can attempt to bill your medical insurance for the cost of the Dry Eye Evaluation. However, it is not guaranteed that it will be covered by your insurance.
- 17. Q. How many follow up visits do I need?**
A. The number of follow up visits you will need depends on your eye's response to treatment and your overall satisfaction.
- 18. Q. How much does LipiView®, LipiFlow®, and a Dry Eye Evaluation cost?**
A. Please call the University Eye Clinic at 510-642-2020 for pricing details.